From the Principal…

Student Accident Insurance Arrangements

Below is an excerpt from a memo from the Department of Education which I draw to the attention of all our families.

“Parents are reminded that the Department does not provide personal accident insurance for students. Parents and guardians are responsible for paying the cost of medical treatment for injured students, including any transport costs, including ambulance.

Student accident insurance policies are available from some commercial insurers. These cover a range of medical expenses not covered by Medicare or private health insurance.”

Notice of Election and Call for Nominations

An election is to be conducted for members of the School Council of Kalinda Primary School.

Nomination forms may be obtained from the school and must be lodged by 4.00 pm on Thursday, 27 February 2014.

The ballot will close at 4.00 pm on Friday, 28 February 2014.

Following the closing of nominations a list of the nominations received will be posted at the school. The terms of office, membership categories and number of positions in each membership category open for election are as follows:

<table>
<thead>
<tr>
<th>Membership category</th>
<th>Term of office</th>
<th>Number of positions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parent member</td>
<td>From the day after the date of the declaration of the poll in 2014 to and inclusive of the date of the declaration of the poll in 2014</td>
<td>4 – 2 yr</td>
</tr>
<tr>
<td></td>
<td></td>
<td>1 – 1 yr</td>
</tr>
<tr>
<td>DEECD employee member</td>
<td>From the day after the date of the declaration of the poll in 2014 to and inclusive of the date of the declaration of the poll in 2014</td>
<td>2 – 2 yr</td>
</tr>
<tr>
<td></td>
<td></td>
<td>1 – 1 yr</td>
</tr>
</tbody>
</table>
School Council Elections 2014
Information for Parents

What is a school council and what does it do?
All government schools in Victoria have a school council. They are legally constituted bodies that are given powers to set the key directions of a school within centrally provided guidelines. In doing this, a school council is able to directly influence the quality of education that the school provides for its students.

Who is on the school council?
For most school councils, there are three possible categories of membership:

A mandated elected Parent category – more than one third of the total members must be from this category. Department of Education and Early Childhood Development (DEECD) employees can be Parent members at their child’s school as long as they are not employed at the school.

A mandated elected DEECD employee category – members of this category may make up no more than one-third of the total membership of school council. The principal of the school is automatically one of these members.

An optional Community member category – members are co-opted by a decision of the council because of their special skills, interests or experiences. DEECD employees are not eligible to be Community members.

Generally, the term of office for all members is about two years. The term of office of half the members expires each year, creating vacancies for the annual school council elections.

Why is Parent membership so important?
Parents on school councils provide important viewpoints and have valuable skills that can help shape the direction of the school.

Those parents who become active on a school council find their involvement satisfying in itself and may also find that their children feel a greater sense of belonging.

How can you become involved?
The most obvious way is to vote in the elections, which are held in Term 1 each year. However, ballots are only held if more people nominate as candidates than there are positions vacant. In view of this, you might seriously consider standing for election as a member of the school council encouraging another person to stand for election.

Do I need special experience to be on school council?
No. What you do need is an interest in your child’s school and the desire to work in partnership with others to help shape the school’s future.

What do you need to do to stand for election?
The principal will issue a notice of election and call for nominations following the commencement of Term 1 each year. All school council elections must be completed by the end of March. If you decide to stand for election, you can arrange for someone to nominate you as a candidate or you can nominate yourself in the Parent category. DEECD employees whose child is enrolled in a school in which they are not employed are eligible to nominate as parents for the school council at that school. Once the nomination form is completed, return it to the principal within the time stated on the notice of election. You will receive a Nomination Form Receipt in the mail following the receipt of your completed nomination. Generally, if there are more nominations received than there are vacancies on council, a ballot will be conducted during the two weeks after the call for nominations has closed.

Remember
- Ask at the school for help if you would like to stand for election and are not sure what to do
- Consider standing for election to council this year
- Be sure to vote in the elections.
- Contact the principal for further information.
## VISIT FROM JIRS

We have just completed a highly successful visit from our sister school in India, Jain International Residential School. It was a remarkable nine days where our visitors certainly experienced Australian life.

On arrival they were greeted by 40 degree heat. Later that weekend there was the threat of bushfires. While the children experienced family life, the teachers were greeted by mobs of kangaroos each day. A visit to the MCG and a cricket game back at school, with commentator Rob Quiney, and a whole school sausage sizzle made it a fun day for everyone. A typical Australian get together, complete with backyard cricket at the Gibbs family home and a visit to Emergency at Maroondah Hospital, just added to the exposure of everyday Australian life. A day at Phillip Island exploring rock pools and building sandcastles before seeing the penguins finished off the week. As well as these activities there was, of course, the activities in the classrooms and the events the wonderful Host Families had organised.

Looking towards the future, we are planning that two staff members will visit JIRS this year to give Professional Development to the JIRS staff, and to set up a robust communication system for us to participate in many ongoing sessions with JIRS. Next year I wish to send a group of students from Kalinda to JIRS.

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**School Council Election Process and Timetable**

Kalinda Primary School No. 5121

<table>
<thead>
<tr>
<th>EVENT</th>
<th>DATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Notice of election and call for nominations</td>
<td>Thursday 20th February 2014</td>
</tr>
<tr>
<td>Closing date for nominations</td>
<td>Thursday 27th February 2014 – 4.00pm</td>
</tr>
<tr>
<td>Date by which the list of candidates and nominators will be displayed</td>
<td>Thursday 27th February 2014 after 4pm</td>
</tr>
<tr>
<td>Date by which ballot papers will be prepared and distributed, if necessary.</td>
<td>Friday, 28th February 2014</td>
</tr>
<tr>
<td>Close of ballot</td>
<td>Friday 6th March 2014 – 4.00pm</td>
</tr>
<tr>
<td>Vote count</td>
<td>Friday 6th March 2014 – 4.00pm</td>
</tr>
<tr>
<td>Declaration of ballot</td>
<td>Friday 6th March 2014 after 4.00pm</td>
</tr>
<tr>
<td>First council meeting to co-opt Community members (the principal will preside)</td>
<td>Tuesday 18th March 2014</td>
</tr>
<tr>
<td>Second council meeting to elect office bearers (the principal will preside)</td>
<td>Tuesday 18th March 2014</td>
</tr>
</tbody>
</table>
Here are some photos of that memorable week.

Harmony
Children of the World join together.
STEPHANIE ALEXANDER KITCHEN GARDEN PROGRAM

We have had two staff members trained and they are planning excitedly for the development of our Garden program involving the Level 3 students.

Stephanie Alexander, well-known chef and food writer, wants young children to learn how to grow and eat good food every day of their lives. This is already happening in primary schools around Australia and now it’s going to happen here!

I am pleased to announce that Kalinda Primary School has embarked upon a unique collaboration with the Stephanie Alexander Kitchen Garden Foundation, which will support the establishment of the Kitchen Garden Program in the school. At the heart of the Program will be a beautiful, productive garden and a kitchen where the children will cook the produce they have grown and sit together to share a healthy and delicious meal.

**The Kitchen Garden Program will:**
- Enhance the children’s academic learning
- Introduce the children to a wide range of foods
- Teach them the necessary practical skills so that they will be able to chop and grill, stir-fry and poach with confidence
- Develop their interest in flavours and textures
- Increase their self-esteem as the results of their labours are praised by their classmates
- Teach them how to establish and maintain a garden organically
- Help them understand the connection between care in the garden, flavor on the plate and a healthy planet
- Teach them to take responsibility for their own physical wellbeing

**The Benefits of the Program**
The Program offers rich and varied links with the general curriculum – environmental science, science in general, insect life, water management, art and design, literacy, numeracy and respect for cultural difference, to name just a few areas. As well as engaging all the senses, it delivers increased self-esteem, respect for the earth and it requires cooperative endeavour.

A newsletter to all families is being sent home shortly to introduce this program. After the initial newsletter, a fortnightly newsletter will be sent home with the Level 3 students only.

The year has begun very positively. Staff have completed our Quality Beginning program and are now testing the students as part of our assessment program. Many staff changed grade levels this year and, along with new staff, they are all settling into their new roles with enthusiasm.

We look forward to a great year ahead for our students.

GAIL POLLARD
PRINCIPAL
**Events Calendar**

**February 2014**

21**th** - Summer Sport – L.4 Round 2  
24**th** - 27**th** - Getting to Know You Interviews

**March**

2**nd** - Working Bee – 10am-12noon  
4**th** - Pancake Day – P&F  
10**th** - Labour Day Holiday  
18**th** - Victorian School Sports Awards  
22**nd** - Working Bee – 10am-12noon  
26**th** - Grandparents Day 2.15 - 3.30pm

**April**

1**st** - Hot Dog Day/Footy Day  
4**th** - Term 1 ends – 2.30pm Dismissal  
- Easter Raffle Draw  
18**th** - Good Friday  
21**st** - Easter Monday  
22**nd** - Term 2 starts  
25**th** - Anzac Day Holiday  
26**th** - House Cross Country  
30**th** - Mother’s Day Stall

**Forward Dates:**

5**th** – 7**th** May Goldfields G5 & G6 - Camp 1  
7**th** - 9**th** May Goldfields G5 & G6 - Camp 2  
19**th** May – Kalinda/Australia’s Biggest Morning Tea  
14**th** June – Disco  
1**st** September – Father’s Day Stall  
10**th** December – Christmas at Kalinda Kafe

**TERM DATES 2014**

Term 1 – 28 Jan (teachers start) - 4 April  
Pupil Free Day 29 Jan – Students begin 30**th** Jan.  
Term 2 – 22 April - 27 June  
Term 3 – 14 July - 19 September  
Term 4 – 6 October - 19 December

**Canteen Roster**

26**th** - Nicki S. & Heather B.  
27**th** - Keren E. & Carol H.  
28**th** - Skye C. & Carly S.

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**Forms sent home to Families 13 - 20 February 2014**

<table>
<thead>
<tr>
<th>Notice</th>
<th>Distributed to:</th>
<th>Return by:</th>
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</thead>
<tbody>
<tr>
<td>2014 Consent Permission Forms</td>
<td>Whole School</td>
<td>14/2/14</td>
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<tr>
<td>Book School Interviews Online</td>
<td>Eldest</td>
<td>9am 24/2/14</td>
</tr>
<tr>
<td>Goldfields Camp Payment Form</td>
<td>Level 4</td>
<td>27/3/14</td>
</tr>
<tr>
<td>P&amp;F Parent Reps Expression of Interest</td>
<td>Eldest</td>
<td>Asap</td>
</tr>
<tr>
<td>SSV Sport Payment Form</td>
<td>Level 4</td>
<td>21/2/14</td>
</tr>
<tr>
<td>2014 Student Class Directory List</td>
<td>Eldest</td>
<td>24/2/14</td>
</tr>
<tr>
<td>Canteen Roster Form</td>
<td>Eldest</td>
<td>21/2/14</td>
</tr>
<tr>
<td>Religious Instruction Payment form</td>
<td>RE List of students</td>
<td>28/2/14</td>
</tr>
<tr>
<td>GRIP Leadership Conference</td>
<td>Level 4 selected</td>
<td>27/2/14</td>
</tr>
</tbody>
</table>

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**SAY CHEESE**

Thank you to everyone for taking part in Photo Day

Your photos will be returned to school in the next 4 to 5 weeks.

If you have any enquiries, please feel free to contact MSP Photography at:

e: Janelle.slater@msp.com.au
p: (03) 9466 7331
f: (03) 9466 7332
www.msp.com.au
Cybersmart Parents: Parenting in an online world

Cybersmart Parents is now online! You can read all of last year’s articles, and subscribe to all future posts at cybersmartparents.global2.vic.edu.au

Beyond Facebook –
Popular apps your tweens and teens now use Pt 1

Posted on February 19, 2014 by Richard Lambert

In our last post we looked at how teens were deserting Facebook for other apps that were ‘cooler’, or, more specifically, parent free. With most parents on Facebook now, it is no place for kids to carry out their social interactions. They maintain a presence on the site, but use other apps and services when interacting with friends.

What follows is part 1 of a 2 part post which aims to give a brief overview of the apps we have observed are most popular among our students in grade 5 and 6 right now. The information following aims merely to help parents understand what these programs are, what they do, and the potential issues that may come up.

Kik and iMessage

These instant messaging services are highly popular for teenagers and also in Primary schools for students as young as grade 3.

**iMessage** is only available on Apple devices. Surveys we conducted at Kalinda before our 1:1 iPad program began found that up to 90% of students grade 4 and above owned an Apple device, usually an iPod touch or iPad. iMessage comes free with these products. iMessage is basically SMS, with the key difference being that you don’t need a phone account for it to work. As long as you have Wifi connection you can send as many messages as you like and it will never show on your phone bill. iMessage is quick and easy, making it great to quickly get in touch with your friends. Conversations can sometimes start on iMessage and spread to other apps, for example, one child might ask the other: “What to play on Snapchat?” (an app we will cover in our next post). iMessage can be turned off in the Settings on your ‘iDevice’.

**Kik Messenger** is available on both Apple and Android devices, and needs to be downloaded from the relevant app store (iTunes or Google Play). This is a key difference as it means you can message anyone with the app, not just friends with an Apple device.

Conversations that start on more public social media sites might cross over to Kik, when users decide they don’t want so public an audience for what they are saying. Kids will often advertise their Kik username on social media sites, such as Instagram, with the words ‘Kik me @…..’ (inserting their username), meaning ‘message me’.

Being so open about their username allows almost anyone to contact them, which quickly makes a ‘private’ messaging service anything but.

One thing that parents often don’t understand is the nature of the messaging that happens on apps such as these. Parents (as a general age group) tend to most commonly message one person at a time, and this is usually done when you have something specific to tell that person. My wife messages me to say ‘bring milk and bread home’ etc. Tweens and teens message **multiple** people at once, and do so regularly, whether they have something specific to say or not. This means you can have any number of people involved in a message exchange unsupervised by adults that has no guiding purpose to it. In our experience this is a recipe for disaster and very frequently ends in tears or worse. We’ve found that students can quickly find themselves involved in conversations with friends that have invited friends who have then invited their friends. Pretty soon they may be talking to 18 different people and only know 3 or 4 of them. Therefore, you might consider these apps more like chat room facilitators than private message services.
The nature of this type of group messaging is that conversations can quickly spiral out of control as things are said that children don’t know how to handle. If someone is mean to someone else in an online group situation, it can be a very distressing experience for the victim. Unfortunately group mentality can often kick in, with others in the group jumping on the wagon of giving the victim a hard time, and those that may have usually stepped in to stop the mean statements in a ‘real life’ setting staying quiet because they’re not too sure how to respond. To exacerbate matters, children are often unsure how to ‘leave’ a chat that may be making them uncomfortable, with all messages still popping up as notifications on their device long after they wanted to leave the conversation.

As you may be gathering, even though many parents have expressed to us that they see message services as harmless, unfortunately the practical result of children messaging anyone and everyone without adult knowledge is generally negative, and teachers very regularly have to pick up the emotional pieces as students return to school the next day.

Kik recently raised the minimum user age from 13 to 17 years of age. As we’ve said often, it is our recommendation that Primary aged students should NOT be using apps such as this, and that parents should reinforce to their children the age requirements and have a conversation about why those restrictions may be in place. It might be helpful to relate it to other ‘real world’ things, such as drinking alcohol, or driving a car. These activities aren’t bad in themselves, but society has imposed an age limit because people under that age may not have the capacity to deal with the potential situations/dangers that may arise when doing them.

When it comes to these types of social apps, as parents we walk a difficult line between protecting our children from harmful situations and isolating them socially. For example, if all your child’s friends are conducting most of their social interactions on iMessage, then a simple ban on using the app will cause your child to feel isolated and cut off from what is going on, which may have negative consequences for them socially and be emotionally distressing for them in itself.

Once again, there is no substitute for a good relationship with your child, and regular ‘co-viewing’ sessions. If you build up trust with your child, then hopefully they are happy to sit with you and discuss the types of conversations that are going on online, both positive and negative, and you can guide them in how they navigate their own course through the different situations that arise. Begin with allowing your child to look through your own online interactions with you (as long as they’re appropriate) from a junior Primary age, and as they grow older they will have learned lots about how what people say online reflects on people’s perceptions of them as a person, as well as how it impacts the people they post it to.

**NEXT WEEK: Part 2 – Instagram and Snapchat**

RICHARD LAMBERT
ASSISTANT PRINCIPAL & IT COORDINATOR

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**Term 1 is a Sunsmart Term**

**Have you got your hat?**

All students must be wearing a school-approved hat when outdoors before and after school, at recess, lunchtimes and during sports classes. If they are not wearing a school-approved Sunsmart hat students will not be able to participate in outdoor activities and will be asked to sit in the shade under a designated area.
PUPIL OF THE WEEK

P/D  Jemma W.  For having a go and doing excellent writing. Fantastic work!
      Holly McC.  For working hard in Maths to make a pattern. Well done!

P/M  Jesse M.  For showing enthusiasm in Maths by identifying shapes and making patterns.
      Jimmy Y.  For being such a caring member of the grade.

P/R  Kai F.  For sharing all his amazing knowledge about patterns with Prep R.
      Alana W.  For always trying her best and having a go!

12C  Jack C:  For being able to answer what data is. What a great way to explain it to the whole class.
     Zhalia C:  For being such an enthusiastic class member and a responsible and reliable monitor with a positive smile every day!

12L  Charlie B.  For having such an enthusiastic start to the year at a new school.
      Ella C.  For settling into your new school so well. Great to have you in 12L, Ella.

12M  Hayden Mc.  For the effort he is putting into his learning. He is eager to do his best at all times.
      Gershin S.  For the wonderful drawing he did in response to his guided reading book. The detail was amazing.

12S  Lucy F.  For the fantastic effort in her ‘Me’ Letter to our class. Well done.

34P  Chloe T.  For presenting her Junior School Council speech in an articulate and confident manner. Fantastic speech, Chloe.
      Campbell W.  For presenting his Junior School Council speech in an enthusiastic and confident manner. Campbell, you are to be congratulated on your maturity.

34R  Gabe L.  For starting the year so positively and being a wonderful mentor to the younger children.
      Holly L.  For helping her friends when they were feeling upset. You’re a good friend Holly.

To Everyone in 1/2M –
For your fantastic greeting in Japanese “Ohayo gozai masu” every day of the week to Mr Mclean.

'Smartie Maths Makes Us Smarty Pants in 12C!

Noah: Out of our group, we got orange smarties the most. I learned how to make a graph with smarties.

Harrison: First we coloured the circles in all the smartie colours. Then we tipped out our smarties and we counted how much of each colour there was.

Jack: Data is when you collect information about something you want to know about. We wanted to know how many smarties there were of each different colour.
FREE! ACTIVE AFTER-SCHOOL COMMUNITIES: Kalinda Primary School website’s dedicated Active After-School Communities pages can be found at: http://www.kalinda.vic.edu.au/page/98/Active-After-School-Communities.

Wednesday afternoons (3:45pm – 4:45pm): LaCrosse (Knox LaCrosse).

<table>
<thead>
<tr>
<th>Status</th>
<th>Session 1</th>
<th>Session 2</th>
<th>Session 3</th>
<th>Session 4</th>
<th>Session 5</th>
<th>Session 6</th>
<th>Session 7</th>
</tr>
</thead>
<tbody>
<tr>
<td>PLACES AVAILABLE</td>
<td>Wednesday, Feb 12</td>
<td>Wednesday, Feb 19</td>
<td>Wednesday, Feb 26</td>
<td>Wednesday, Mar 5</td>
<td>Wednesday, Mar 12</td>
<td>Wednesday, Mar 19</td>
<td>Wednesday, Mar 26</td>
</tr>
</tbody>
</table>

Wednesday afternoons (3:45pm – 4:45pm): Table-Tennis (Croydon and Districts Table Tennis Association).

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<thead>
<tr>
<th>Status</th>
<th>Session 1</th>
<th>Session 2</th>
<th>Session 3</th>
<th>Session 4</th>
<th>Session 5</th>
<th>Session 6</th>
<th>Session 7</th>
</tr>
</thead>
<tbody>
<tr>
<td>BOOKED OUT</td>
<td>Wednesday, Feb 12</td>
<td>Wednesday, Feb 19</td>
<td>Wednesday, Feb 26</td>
<td>Wednesday, Mar 5</td>
<td>Wednesday, Mar 12</td>
<td>Wednesday, Mar 19</td>
<td>Wednesday, Mar 26</td>
</tr>
</tbody>
</table>

Please e-mail me on sharvey@kalinda.vic.edu.au with your child’s first name, surname and grade, as well as your first name, surname & emergency contact details (mobile phone) if you would like your child/ren to participate.

DISTRICT SWIMMING TRIALS (G4-6): Congratulations to Kalinda’s District Swimming team who competed extremely well at the North Ringwood District Swimming trials, held on Monday at Tintern (Southwood):

* Chloe W. (6O) came 2nd in her 50m Freestyle heat and 2nd in her 50m Backstroke heat for 12 year-olds,
* Charlie L. (6I) came 1st in his 50m Freestyle heat and 2nd in his 50m Butterfly heat for 12 year-olds,
* Nathan V. (6K) came 3rd in his 50m Freestyle heat and 2nd in his 50m Backstroke heat for 12 year-olds,
* Gabe L. (4R) came 1st in his 50m Backstroke heat and 1st in his 50m Butterfly heat for 10 year-olds.

** Chloe, Charlie, Nathan and Gabe also combined to win the 4 X 50m Freestyle relay in the 12 year-old age group.

Ethan M. (4J), Hayley M. (4P), James O. (4J) and Mikayla F (5B) also represented themselves and their school extremely well. Most importantly, each student enjoyed themselves and gained great experience for future competitions.

The 4 X 50m Freestyle relay members – as well as Gabe in his two individual events – have now been invited to compete at the combined Maroondah / Manningham Division Swimming Carnival to be held at Nunawading Aqualink next Thursday, February 27.

LEVEL 4 INTERSCHOOL SPORT: ROUND 2 THIS WEEK! This week’s matches will be played against Warranwood P.S. (Wellington Park Drive, Warranwood). For last week’s results and this week’s venues, please visit the Recent News section of Kalinda Primary School’s website @ www.kalinda.vic.edu.au


In this issue:
1. Premier’s Active April,
2. Australia’s Healthy Weight Week,
3. Bushfire Smoke, and
4. ‘Recently Reviewed’:
   a. Bipolar Disorder
   b. Chickenpox - immunisation


Please feel free to see me should you have any questions about anything ‘From the Sports Desk’ this week! Best Regards,

Steve Harvey
Physical Education, Sport & Facilities Management
SSV Coordinator: Maroondah & Manningham Division(s)

...is coming!
OSHClub News  
Before School / After School Care Program  
Week 4, Term 1 – 2014 (24th – 28th February)

**Program Update**

Hello everyone, this month we have been focusing our daily discussions on Emergency Evacuations and Safety. It is great to see the children assisting new students in understanding our procedure and helping to keep them safe, and help them from becoming overwhelmed.

We have also introduced a “Pop Quiz Session” each afternoon which has seen the children form teams and test their general knowledge on a range of topics from mathematics to geography to space. It has also been especially pleasing to actually have the children ask if we will be doing the Pop Quiz.

This past week we also ran our program to the theme of “Disney”. We had many musical activities, group games, made pirate maps, crowns and any more.

We welcome ideas from families on other potential themes or activities. Plus we also welcome any general feedback you may have. Your feedback will assist us in improving our program, and ensuring that it runs to your family’s satisfaction.

Thanks  
Jeffrey Michaels  
Co-ordinator

**This Week’s Activities**

<table>
<thead>
<tr>
<th></th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td><strong>Before Care</strong></td>
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<tr>
<td>Activities</td>
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<tr>
<td><strong>After Care</strong></td>
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<tr>
<td>Activities</td>
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</tbody>
</table>

Loads of fun activities that cater for all ages.

Including: Art & Craft, Games, Sports, Drama, Imaginative Play, Board Games, Music, Cooking, Reading and many more activities.

**Parent Information**

**OSHC program phone:** 0439 992 434  
OSHClub Head Office: 03 8564 9000  
Coordinator: Jeffrey Michaels  
Assistants: Becka Hume-Cook, Claire Liston, Monali Shah & Shazan Marikar

All families must be enrolled to attend the program, remember this is Free!! Please create an account online at [www.oshclub.com.au](http://www.oshclub.com.au) all bookings and cancellations can also be managed via your online account. For on the day bookings please contact the Coordinator direct at the program.
Parent Class Reps

Thank you to all parents who have volunteered to be a Parent Class Rep for 2014.

We still require a Parent Rep for 1/2M, so if you are keen to get involved in your child’s schooling then becoming a Parent Representative is a great way to get started. If you can help out in 1/2M, please contact me asap by email jrcbridgford@outlook.com or mobile 0419 890 716.

The Parent Rep list is currently being finalised and will be advertised in next week’s newsletter.

Julie Bridgford
C/o Parents & Friends

CLASS DIRECTORY

Forms were sent home to each family at the beginning of this week. So this can be compiled and distributed well before the end of term, could all forms please be sent back to the office by next Monday, 24th February. If you did not receive a form, there are spares at the office.

OFFICE NEWS

Payment Plans Available for 2014 Booklists and Camps in 2014 - If you feel you may have difficulty making payments for 2014 Booklists & Contributions and/or Camp, please contact our Business Manager, Theresa Jarvis. Some options available are: EMA, monthly/fortnightly payments, or scheduled credit card payments. Theresa will be happy to meet with you to discuss available options. Please ring 9876-3289 to make an appointment.

EDUCATION MAINTENANCE ALLOWANCE – Are you eligible?
Attached to the 2014 Booklist forms is the 2014 Education Maintenance Allowance (EMA) form. The EMA is paid to parents of eligible students under 16 years of age, and the student is enrolled at a Government or non-Government School in Victoria on Census day, 28th February 2014 for instalment 1 and 2nd August 2014 for instalment 2. The EMA will be paid in two instalments and to be eligible you must:

on the first day of Term 1 (29th January 2014) for the first instalment and
on the first day of Term 3 (14th July 2014) for the second instalment:

a) be an eligible beneficiary of a Centrelink pension, allowance or benefit, that is, a holder of Veterans Affairs Gold Card, or be an eligible Health Care Card (HCC) or Pensioner Concession Card (PCC) holder within the meaning of the State Concessions Act 2004; OR
b) be a Veteran Affairs Pensioner (TPI); OR
c) be a (temporary) foster parent; AND
d) submit your application to the school by the date/s listed below.

The EMA application form must be lodged at the school:

by 28th February 2014 for the first instalment; and
by 1st August 2014 for the second instalment.

If you are eligible for EMA, please complete ALL of the Booklist and EMA forms and return to school by 28th February 2014. Please note that late applications cannot be processed.
**BPAY Payments** – A reminder to parents that if you are paying any accounts, excursions etc. by BPay, please remember to send us a short email with details of the payment and what the payment is to be allocated to. All emails to be sent to kalinda.ps@edumail.vic.gov.au. (All payments by BPay must be $30 and over.)

If you have any queries regarding the above, please contact Mrs Theresa Jarvis, Business Manager, on 9876 3289.

THERESA JARVIS
BUSINESS MANAGER

**UNIFORM SHOP**
Our Uniform Shop is located next to the Multi-Purpose Room at the front of the school. Opening hours are from 3.00 – 3.45pm on Monday afternoons. Order forms are available at the office if you cannot make it during these hours. If you have any queries, please contact us through the school on 9876-3289.

**LOST PROPERTY** – As always, there is a large amount of lost property in the tubs. Please feel free to come and search for any missing items. Could we please ask parents to make sure that you name all children’s uniform items, lunchboxes, drink bottles, hats, basketballs, etc. with their full name? We would love to be able to return items to them.

Thank you to one of our new mums, Elena, who has offered to sort through lost property on a fortnightly basis. If anyone would like to help her with this, please let us know at the office.

SHANNON & JO
UNIFORM SHOP COORDINATORS

**STUDENT BANKING - FRIDAYS**
Vicki, from the Commonwealth Bank, will be visiting school on Monday 3rd March to speak at assembly. She will also be free after assembly to talk to parents at the Kalinda Kafe.

Bring your yellow Dollarmites wallet and deposit book to school each Friday. For every deposit made at school, students will receive a Dollarmites token. Collect 10 tokens, fill in your reward coupon and return both to school to redeem your chosen reward.

If your child does not have a Youthsaver Account, you can open one at any Commonwealth Bank branch, or if you have NetBank, you can apply online. Alternatively, please contact one of the coordinators to discuss.

Kalinda receives $5 when children make their first deposit at school and 5% commission on every deposit made at school through the School Banking Program.

Just a reminder that bonus interest is paid on the accounts when at least one deposit and no withdrawals are made each month!

Happy Banking!

JULIE & KYLIE
STUDENT BANKING COORDINATORS
A Day in the Park

We are having a ‘Day in the Park’ and the whole school is invited!

When: Friday 28th February
Time: 3:45pm onwards (after school)
Where: McAlpin Park, Wonga Road
Why: A good chance for both parents and kids to catch up with friends

Bring your kids, picnic rug, scooters, football and maybe some snags to throw on the bbq!
(Parents are required to be responsible for their own children)
We hope to see you there.
Parents and Friends

RECIPE OF THE WEEK!

This was an easy recipe and the dish finished off very much like a risotto. All the family enjoyed it; a speedy meal to put together when you don’t have a lot of time.

Quick Tuna & Lemon Rice

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<th>Prep Time:</th>
<th>5 minutes</th>
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<tbody>
<tr>
<td>Cooking Time:</td>
<td>15 minutes</td>
</tr>
<tr>
<td>Serves:</td>
<td>4</td>
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What you need:
- 2 tablespoons olive oil
- 1 onion, finely chopped
- 1 garlic clove, crushed
- 2 x 250 packets Microwave Brown Rice
- 2 cups chicken stock
- 100g spinach leaves
- ¾ cup shredded parmesan, plus ¼ cup extra to serve
- 425g Tuna chucks, drained
- 1 teaspoon lemon zest plus extra lemon wedges to serve

Heat oil in a medium saucepan over high heat. Add onion and garlic and cook for 1-2 minutes, stirring until softened. Add rice and stir for 1 min to coat the rice. Gradually pour in stock and cook for 5-10 minutes (keep an eye on the heat so it doesn’t burn or stick together), or until rice has absorbed most of the liquid. Remove from heat.

Reserve 1/2 cup spinach leaves for garnish. Stir in remaining spinach leaves, parmesan, tuna and lemon zest. Stir until spinach leaves have wilted. Spoon into serving dishes and top with reserved spinach leaves, parmesan and lemon wedges.
KALINDA COMMUNITY NOTICE BOARD

Find fun, friendship and fitness at Joulle Calisthenics Club

First Two Lessons Are Free!

Does your child love to sing, dance and dress up?
We invite you to come and try Calisthenics and meet our friendly coaches.

What Is Calisthenics?
A team sport where children can develop skills in dancing, acting, gymnastics, singing, marching and performing on stage with their friends.

Where Is Joulle?
Brushy Creek Hall, Mariondale Hwy, North Croydon.
Suitable for all age groups from 5 years to our Master’s Class.

Enrol your child by 28th February 2014, and you will be eligible to be in the draw to have term fees covered with our compliments!

For more details contact:
Kim 0402 258 509 or Linda 0411 646 571
www.joullecalisthenics.com.au

Swimming Lessons

• Maximum 4 students per class!
  • Only $16.50 per class!
  • Victorian Industry Award-finalist in 2013!

Beginner to Advanced welcome.
Group or Private Lessons.

Bookings now open for:
• Term 1 (Feb-Apr) 2014 Weekly Classes. For ALL ages.
• Aqua Bub & Tot Open Day 29/3/14. For 6mth-5yr.

Programs available for:
• 6-18 months • 1-3 years • 3-5 years • School age
• Squad • Adults • Access & Inclusion

3 week ‘Come & Try’ for $55.00
OFFER NOW ON.

Try us today! Phone 9879 5777.

Healthways Swim School
www.healthways.com.au

GKR FREE Self Defence & Safety Awareness Workshop

LEARN SELF DEFENCE
BUILD CONFIDENCE

GKR Karate is conducting a FREE self-defence workshop that is open to all members of the community. These exciting classes are ideal for beginners and will focus on safety awareness, anti-bullying, agility skills and valuable escape techniques. We will also cover the responsible use of self-defence as well as strategies to improve personal confidence and self-esteem.

Wednesday February 26th 6:30pm – 7:30pm
Great Ryrie Primary, Great Ryrie Rd, Heathmont

• Increase Your Personal Confidence
• Take Your Safety Seriously
• Learn Valuable Skills

– Wear Comfortable Clothes – Bring a drink bottle –
– All ages welcome (minimum 5yo) –
– Please arrive 15 minutes early to register for class. –

So we can get indicative numbers, we would appreciate it if you would contact Steve Dickson on 0402 763 000 (Test or Call) or via email at sdickson.gkr@gmail.com
Players Wanted for Under 8’s.
If you are Age 6 or 7 come play where the AFL Stars started
Paul Salmon Ess/Haw, Dean Bailey Ess/Melb Coach,
Kevin Walsh Ess, Gary O’Donnell Ess,
David Wirrpanda Eagles, Nick Malceski Swans & Sam Blease Melb.

Further details contact Brian Vellacott on 0409 700 717.

See the Community Board in the Foyer for more events.
The Department of Education & Early Childhood Development (DEECD) and Kalinda Primary School, do not endorse the products or services of any private advertiser. DEECD and Kalinda Primary School accept no responsibility for accuracy of information contained in advertisements or claims made by them.
Dads 'n' Lads

Dads and lads, now’s your chance to give mum a break and disappear on a boys’ weekend away in the great outdoors!

From February 22 to 23 Phillip Island Nature Parks is hosting a ‘Dads ‘n’ Lads’ weekend at Churchill Island Heritage Farm. Activities include camping, excursions to the Koala Conservation Centre and the Penguin Parade and ranger-led activities across the Nature Parks.

Pack the bags and get set for a weekend of quality father and son time. Bookings essential.

What: Dads ‘n’ Lads camping weekend
When: 22 - 23 February, 2013
Where: Phillip Island Nature Parks – only 90 minutes from Melbourne
Cost: $170 for father and son, meals included
Bookings: Ph: 03 5951 2802 Email: schoolbookings@penguins.org.au

Dads ‘n’ Daughters Weekend Escapes

It’s time to grab the gumboots and a bit of girl power and show dad what camping is all about with the fourth annual Dads ‘n’ Daughters at Phillip Island Nature Parks, March 22 - 23 and 29 - 30.

Only 90 minutes drive from Melbourne, a Dads ‘n’ Daughters weekend is the perfect chance for the little miss to show the master how to enjoy the great outdoors.

Activities includes old time games, a waddle on the wild side at the Penguin Parade, BBQ dinner and big breakfast, ranger guided walks, farming activities and camping at Churchill Island Heritage Farm. Bookings essential.

What: Dads ‘n’ Daughters weekend – (girls aged 4+)
When: March 22-23 or March 29-30
Where: Phillip Island Nature Parks, Phillip Island
Cost: $170 all inclusive (dinner, breakfast, activities for one adult, one child). $70 per extra child.